



# Catholic Charities Social Concerns

## SPECIAL EDITION COVID 19 RESOURCES

Dear Friend,

I pray all is well for you and your family during this time of uncertainty.

Over the last several weeks, I have received inquiries regarding different social services and their availability during COVID 19.

The following **Catholic Charities Social Concerns - Special Edition Newsletter** is a compilation of services that may be helpful as we navigate during this time of uncertainty.

Within this Special Edition newsletter, you will find information regarding resources pertaining to mental health, domestic violence, substance abuse, food pantry and child lunch programs, and Catholic Charities agency services. You will also find ideas for virtual and distance volunteering.

Please do not forget that through our prayers and acts of sacrifice, God is accomplishing great things to alleviate the suffering of so many in our world. And if you wonder, "what could I possibly do to help extend mercy to others while I remain in isolation?" Remember the little boy who shared his simple lunch with Jesus. Jesus blessed it and then in one afternoon feed thousands of people with it. (Mark 6:34-44)

Sincerely in Christ,

*Theresa Chamblee*

Catholic Charities - Director of Social Concerns

\*\* Make sure you scroll down to find information on services that are available during COVID 19 and options for turning in your CRS Rice Bowl.

Visit our Website - Catholic Charities - Social Concerns

# God's Work Through Our Hands



In response to so many who have asked us how they can support their parish, archdiocesan Catholic high school, Catholic charity or ministry during this time of uncertainty, we have created a central location where you can do just that.

You can now give to your parish or Catholic Charities online at  
[www.archindy.org/giving](http://www.archindy.org/giving)

## Catholic Charities Services Availability

**Many of our Catholic Charities services have remained open during COVID 19, which means we need your help as we continue to serve those in need.**

**Financial Help is always welcome!**

**Several our Catholic Charities agencies also have WISH LISTS for material items that will help them minister to those in need.**

**The Wish Lists are listed below.**

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### Catholic Charities Indianapolis

**Holy Family Shelter - Open**

For More Information: 317-635-7830

**[Holy Family Shelter - WISH LIST](#)**

**Crisis Office**

For More Information: 317-236-1512

**COVID-19 Procedures**

Crisis Office is open only for individuals & families to receive prepared boxes of food and sack lunches. Clients must arrive at the following times and stand in line for the distribution of food:

Monday 1 pm and 5 pm

Tuesday, Wednesday, & Thursday 10 am & 1 pm.

### [Crisis Office - WISH LIST](#)

### **Counseling Services**

For More Information: 317-236-1500

Mental health/counseling services are offered via teleconferencing or by telephone. Please note: Medicaid is covering Telehealth counseling. For

### **St. Elizabeth/ Coleman**

For More Information on Services available - call 317-787-3412

### [St Elizabeth/ Coleman - WISH LIST](#)

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## **[St. Elizabeth / Catholic Charities](#), New Albany**

**For more information call - 812-949-7305**

### **Open**

- All 3 women/children's shelter programs
- Adoption services that have critical timing needs
- Our residential client services for our SLP clients (adults with developmental delays)

### **Modified**

- Food pantry limited to staff delivering to residential programs
- School Counselors working through Principals via e-technology to support students/faculty
- Office staff all working remotely and available to be on-site when needed

### **Closed**

- Marie's Community Distribution - basic needs, clothing, diapers, baby food/formula

### [St. Elizabeth Catholic Charities - New Albany - WISH LIST](#)

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## **[Catholic Charities - Bloomington](#)**

**for More Information, call - 812-332-1262**

Counseling Services available via Telehealth

Please Note: Medicaid is covering Telehealth counseling.

### **Catholic Charities - Becky's Place**

**For More Information, call - 812-275-5773**

Shelter for women and children is open.

### [Becky's Place - WISH LIST](#)

\*\* Please Note: We are postponing the Catholic Charities Bloomington

Annual Breakfast that was scheduled for May 12. We look forward to holding the breakfast in the future and sharing the impact you enable us to do in the community. Please contact Cheri Bush at [cbush@archindy.org](mailto:cbush@archindy.org) with any questions.

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## **Catholic Charities - Tell City**

**For More Information, Call - 812-547-0903**

Table of Blessings - Carry Out only

Martin's Cloak Food Pantry - Boxes of food will be available at the door.

Catholic Charities Tell City is working closely with United Way and the Council on Aging to ensure that all elderly residents are getting the food they need, as well as hygiene items. The agency is also working with local schools to ensure that all children are being fed as needed. It is also continuing to assist with utilities, rent and prescriptions as needed.

### **Tell City - WISH LIST**

- \* Non Perishables food items
- \* Diapers
- \* Baby Wipes
- \* Baby Equipment
- \* Prayer

Please call Joan Hess at [Jhess@cctcin.org](mailto:Jhess@cctcin.org) or 812-547-0903 for more information.

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## **Catholic Charities - Terre Haute**

**For More Information - call 812-232-1447**

- Terre Haute Catholic Charities Foodbank is continuing to work with partner agencies and mobile pantry locations to ensure food is available to those in need. Please check the calendars on our website at <https://www.archindy.org/cc/terrehaute/emergency.html> for food pantry and mobile pantry dates and times.
- Ryves Youth Center and Ryves Preschool are closed until further notice.
- The Fishes & Loaves Soup Kitchen dining room is closed. Carryout meals are available Monday - Friday from 11:30 - 1:30pm from the former Foodbank warehouse location at 1356 Locust St. Sack lunches are available from Bethany House at 1402 Locust St. on Saturday & Sunday from 11:30-1:00pm.

### **Terre Haute - WISH LIST**

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## **Catholic Charities - Social Concerns**

The [CARE Program \(Catholic Accompaniment Reflective Experience\)](#) is a ministry of Catholic Charities - Social Concerns.

Through a partnership with Bethany Christian Services - Indianapolis, the

CARE Program ministers to unaccompanied children who cross our southern border with the goal of being united with their family in the United States. Before the children can be reunited with their families, they are placed in a [Transitional Foster Care program](#). Bethany Christian Services - Indianapolis is one of the agencies that offers a Transitional Foster Care program.

To learn how you can help support the children and their transitional foster care families, please visit...

[Bethany Christian Services - Transitional Foster Care WISH LIST](#)

## Tips for Parents

The Catholic Charities - School Social Work program has compiled some helpful resources for parents as they navigate through new uncharted territory of e-learning, working from home and managing a home... all at the same time.

- [Mental Health Wellness Tips for Quarantine \(en Espanol\)](#)
- [Tips for Parents and Community Resources \(en Espanol\)](#)

## Parish and Community Food Pantry Availability

**Below are several resources to see what Food Pantries are available in your area.**

**ALWAYS CALL FIRST TO LEARN COVID-19 PROCEDURES OR TO SEE IF THE FOOD PANTRY IS OPEN.**

**Family & Social Services Administration**  
[Food Assistance Availability Map](#)

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Many Archdiocesan parishes have updated their FOOD PANTRY procedures to reflect COVID-19 procedures.

[Catholic Parishes and Community Food Pantry Updates](#)

(Updated 4/6/20)

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## Find Emergency Meals for Kids and Teens

USDA Food and Nutrition Service has begun granting waivers that allow states approved for non-congregate feeding, greater flexibilities which allow parents and/or guardians to pick up meals for their children, without the student

needing to be present. This waiver is effective immediately, and remains in effect through June 30, 2020, or until expiration of the federally declared public health emergency, whichever is earlier. Click here for more information.

### **Online Mapping Tool to Find Feeding Sites**

Parents with kids and teens 18 years old and under can use our [Meals 4 Kids mapping tool](#) to find sites near them where they can pick up free nutritious meals and snacks. To maintain social distancing, kids and teens may take their meal home to eat. Simply type in your address and find results.

## **Additional Resources**

### **Mental Health**

- Archdiocese of Indianapolis / Office of Marriage and Family Life [-List of Catholic or Faith Based Therapists.](#)
- [American Psychiatric Association](#)
- [Bowen Center](#)
- [Western Indiana Hamilton Center](#)
- **Samaritan Center's Emotional Wellness Helpline** -For mental health support (not for physical symptoms). Speak to a therapist for support, referral, or resources available Monday – Friday 8 am – 5 pm EST CALL: 812-886-6590

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### **Suicide Prevention**

- Suicide Prevention Lifeline: 1-800-273-8255  
<https://suicidepreventionlifeline.org/>
- Suicide Prevention - National Weekend of Prayer - May 15-17 The National Action Alliance for Suicide Prevention is offering [RESOURCES](#) for Faith Communities to observe the National Weekend of Prayer for Faith, Hope and Life.
- The Archdiocese of Indianapolis - [Crisis Resource Center Webpage](#)

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### **Domestic Violence**

- National Domestic Violence Hotline - 1-800-799-SAFE (7233)
- [Indiana Coalition Against Domestic Violence](#)
- [Coburn Place](#)

- [Beacon of Hope](#)
- [The Julian Center](#)

**Five Signs to help someone who may be in emotional pain:**

Personality Change  
Agitation  
Acting Withdrawn  
Practicing Poor Self-Care  
Expressing Hopelessness

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## **Substance Abuse**

(Central and Southern Indiana)

[SAMHSA](#) - Substance Abuse and Mental Health Services Administration

[Fairbanks](#) 1-800-225-4673

[Catholics In Recovery](#): Sharing the Good News of God's Mercy -Supporting those recovering from substance abuse and other addictions

[Our Place Drug & Alcohol Education Services, Inc.](#) 812-945-3400

[Indiana Al-Anon/ Al-Ateen](#) 1-888-425-2666

[Alcoholics Anonymous of Southern, IN \(Area 23\)](#) (502)-582-1849 or 1-888-827-7180

[Associates in Counseling and Psychotherapy](#) (812)-944-1550

[Behavioral Health Services/ Clark Memorial Health](#) 812-283-2811

[LifeSpring Health Systems](#) 812-280-6606

[The LifeSpring Recovery Campus](#)

[Wellstone Regional Hospital](#) 812-284-8000 Or 1-877-999-WELL

### **Two Articles that may be helpful**

[Recognizing an Addictions Problem](#)

[Approaching and Helping an Addict](#)

# **COVID-19 National Resources**

Below is a list of COVID-19 resource web pages.

- [Catholic Charities USA - COVID 19 RESOURCE CENTER](#)

- [Breakdown of the CARES Act](#)
- [USCCB - Cononavirus - COVID 19 Webpage](#)
- (Click on [Resouces for Families, Parishes and Dioceses](#) for a listing of publications that are now free.)
- [USCCB – Resources for Catholics at Home during COVID 19](#)
- [Justice for Immigrants \(JFI\) - COVID 19 Resource Page](#)
- [Synopsis of the CARE Act and Migration](#)
- [Catholic Relief Services \(CRS\) - COVID 19 WORLD UPDATE RESPONSE](#)
- [USCCB - Prayer Resources](#)
- [National Federation for Catholic Youth Ministry – COVID 19 Resouces for ministering to young people](#)
- [National Catholic Partnership on Disability – COVID 19 Rights of Persons](#)
- [Catholic Volunteer Network – Coronavirus Support](#)
- [Catholic Health Association – Coronavirus Resource](#)
- [U.S. Health and Human Services – Considering Faith, Community and Mental Health During the COVID 19 Crisis](#)
- [U.S. Small Business Administration – FAQ Regarding Participation of Faith-LBased Organizations PPP and EIDL](#)

## Volunteer Appreciation Week April 19-25



Catholic Charities of the Archdiocese of Indianapolis would not be who we are without OUR AMAZING VOLUNTEERS.

Thank you to all the wonderful Volunteers who have put **Love** into sorting clothes, filling bags of food, visiting the sick and providing warm meals to those in need.



Thank you to those who have moved furniture, painted rooms, taught English as a second language, and provided rides to those in need.

Thank you Volunteers for being the Face of Christ through your smile, your hugs, your kind words of encouragement and sometimes through your tears to those who come to us hungry for love.

**Last year, over 1,450 gave of themselves through volunteering at one of the many programs offered through our five Catholic Charities agencies.**

Thank you



## Virtual and Distance Volunteering Ideas

With so many volunteer activities on hold due to COVID 19 it can feel frustrating for many who would like to continue to give back, but not sure how. Below is a list compiled by Catholic Charities USA with some possible volunteer ideas.

Ideas for Virtual & Distancing Volunteering:

- Delivering food to seniors and shut-ins.
- Making wellness check-in phone calls to seniors and vulnerable persons
- Providing rides for seniors or shut-ins for urgent appointments
- Donating and/or starting vegetable and flower seeds for community gardens
- Creating and dropping off hygiene kits for seniors
- Making masks for vulnerable persons
- Online mentoring
- Aiding parishes in reaching their communities virtually through technology and marketing assistance.

Catholic Charities for the Archdiocese of Washington provided the following resource for [Safety Measures for Engaging Volunteers & Others On-site during COVID-19](#)

# USCCB Action Alert



UNITED STATES CONFERENCE OF  
CATHOLIC BISHOPS

Call To Action

## **TAKE ACTION NOW!!** **URGE ADMINISTRATION TO ENSURE AN ETHICAL COVID-19 VACCINE!!**

There is absolutely no reason why a vaccine for COVID-19 should be connected to abortion. But that is exactly what may happen in the coming months.

Among the dozens of vaccines currently in development, some are being produced using old cell lines that were created from the cells of aborted babies.

There is NO NEED to further exploit the bodies of aborted children.

Other cell lines or processes that do not involve cells from abortions are available!

In fact, they are regularly used for producing vaccines and are being used by some drug companies to develop a COVID-19 vaccine.

The U.S. Conference of Catholic Bishops (USCCB) along with leaders of many healthcare, bioethics, and pro-life organizations, is urging the Trump Administration to make sure that vaccines for COVID-19 are developed ethically and are free from any connection to the exploitation of abortion.

## **Demand a COVID-19 Vaccine Free from Abortion**

### **Background**

The coalition letter expresses strong support for efforts to develop an effective, safe, and widely available vaccine as quickly as possible, but also strongly urges the federal government to "ensure that fundamental moral principles are followed in the development of such vaccines, most importantly, the principle that human life is sacred and should never be exploited."

To view all of the signatories and to read the full text of the letter, click [here](#).

# Ministries of Catholic Charities Social Concerns

## **What is Social Concerns?**

Social Concerns encourages the Community to grow in a deeper understanding of Catholic Social Teaching by providing resources and strategies for effective action in parishes, schools and surrounding communities. Most importantly, it calls us to a deeper understanding in living out the Two Greatest Commandments, which is to Love God and to Love our Neighbors, both locally and globally."

Below are the Ministries that fall under Catholic Charities - Social Concerns.



**CARE**  
Catholic Accompaniment  
and Reflective Experience

**Archdiocesan -  
Catholic Charities  
Anti Trafficking  
Ministry**

Catholic Charities - Social Concerns | Theresa Chamblee  
317-236-1404 | fax 317-261-3375 | [Tchamblee@archindy.org](mailto:Tchamblee@archindy.org) [www.Archindy.org/socialconcerns](http://www.Archindy.org/socialconcerns)



**Catholic Charities** | CELEBRATING  
Providing Help. Creating Hope. Serving All. **100 YEARS**